Α	sim	ple	titl	e
				_

 $Dm^7 \mid G^7 \mid C^{\triangle} \mid \mathscr{C}$

a literal text line keeps all the spaces

F7 | Bb7 | Eb7 | Ab7

A boxed title

 $| Dm^7 | G^7 | C^{\triangle} | \%$

 $| F^7 | Bb^7 | Eb^7 | Ab^7 |$

A boxed title and also a section separator

| F⁷ | B⁶ | E⁶ | A⁶ |

There are four different types of titles:

"-" simple

";" literal

":" boxed

"=" boxed & separator (double line)

pro tip you can add empty vertical space by using "-" to add blank lines